

Healthy Aging DPG Newsletter Article Summary

| Issue | Year | Article | Author | Subject |
|--------------|-------------|---|--|---------------------------|
| Winter | 2002 | A Profile of Older Adults and Their Eating Practices | Higgins, Mary L. Meck (PHD, RD, LD, CDE) | Diet |
| Winter | 2002 | Food-Drug Interactions in Seniors * | Oderda, Lynda H. (Pharm.D.) | Medications |
| Winter | 2002 | Nutrition education may reduce burden in family caregivers | Flipse, Ana Patricia | Nutrition Education |
| Winter | 2002 | America on the Move: Steps to Healthy Aging Project | Rosenzweig, Lester (MS, RD) | Physical Activity |
| Spring | 2002 | The "Cook-Chill" Craze * | Wolf, Lee (RD, LD) | Food Systems Management |
| Spring | 2002 | NSI Distributes New Physicians Nutrition Guideline | | Nutrition Assessment |
| Spring | 2002 | Cultural Competency | Rosenzweig, Lester (MS, RD) | Professional Development |
| Summer | 2002 | Program Reviews Joint AoA Activities | Rosenzweig, Lester (MS, RD) | Administration on Aging |
| Summer | 2002 | Facility Implements Consistent Carbohydrate Diets * | Meskus, Cheryl (RD) | Diet |
| Summer | 2002 | Meal Services Changes Increase Residential Intake | Sandow, Kay (Ph.D., RD, CHES) | Food Systems Management |
| Summer | 2002 | Long-Term Facility Addresses Micronutrient Supplementation * | Eagle Ridge Manor, Canada | Medications |
| Summer | 2002 | Program Takes Diabetes Education to Rural Elderly: Meals on Wheels Association of America Conference | Splitter, Janet (Ph.D, RD, LD; Maude Allen, RN, CDE) | Nutrition Education |
| Fall | 2002 | Vegetarian Diets for Seniors | Meerschaert, Carol M. (RD, LDN) | Diet |
| Fall | 2002 | Operating a Food Service Business | Wolf, Lee (RD, LD) | Food Systems Management |
| Fall | 2002 | Polypharmacy: Why it's a bigger problem in older patients, and what we can do to prevent problems * | Oderda, Lynda (Pharm.D) | Medications |
| Fall | 2002 | Wellness Activities for Older Americans | Rosenzweig, Lester (MS, RD); Lauren Rhee (MS, RD) | Physical Activity |
| Winter | 2003 | A focus on Caregivers | Weddle, Dian (PhD, RD, FADA) | Caregivers |
| Winter | 2003 | Food Security, Older Adults, and You * | Remig, Valentina M. (PhD, RD, FADA); Paula Peters (PhD) | Food Insecurity |
| Winter | 2003 | Palliative Care - What does it mean to your facility? | Meskus, Cheryl (RD) | Palliative Care |
| Winter | 2003 | Promoting Physical Activity and Good Nutrition for Older Adults | Rosenzweig, Lester (MS, RD) | Physical Activity |
| Spring | 2003 | Assisted Living Option for the Elderly * | Woodhouse, Barbara (RD, LD) | Community based programs |
| Spring | 2003 | Inadequate nutrient intakes among homebound elderly and their correlation with individual characteristics and health-related factors. | Sharkey JR, Branch JG, Zohoori N, Giuliani C, Busby-Whitehad, Haines PS, Am J Clin | Diet |
| Spring | 2003 | Dietary Reference Intakes for Older Adults | | Dietary References Intake |
| Spring | 2003 | Tribute to Joann Prophet, MS, RD | | Leadership |
| Spring | 2003 | LIQUIDS - In The THICK Of It | Meskus, Cheryl (RD) | Modified Diets |
| Summer | 2003 | Successfully Feeding the Alzheimer Patient | Wolf, Lee (RD, LD) | Alzheimer |
| Summer | 2003 | Dementia Overview * | Bair, Byron D. (MD) | Dementia |
| Summer | 2003 | Nutrition, Dementia, and Cognition: Remembering What is Best for Your Clients | Johnson, Mary Ann (PhD) | Dementia |
| Summer | 2003 | The Dining Environment: Consideration for Individuals with Dementia | Leppert, Sharon (RD, LD) | Dementia |
| Summer | 2003 | Current Medications and Dementia | Gay, Chris (MD) | Medications |
| Fall | 2003 | Medicaid Waiver, Medicare and Private Insurers Fund MNT and Meal Services to Older Adults in the Community | Rosenzweig, Lester (MS, RD) | Community based programs |
| Fall | 2003 | Protein Modification in the Treatment of Parkinson's Disease * | Ballou, Kristi (RD); Marilyn Abernethy (DrPH, RD, LDN) | Diet |

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| Fall | 2003 | Liberalizing Diets in Long Term Care | Meskus, Cheryl (RD) | Diet |
| Fall | 2003 | Senior Farmer's Market Nutrition Program | Weddle, Dian (PhD, RD) | Farmer's Market Program |
| Fall | 2003 | What's your recipe for Success? | Leppert, Sharon (RD, LD) | Leadership |
| Winter | 2004 | Five Meals a Day - "Everyday is a Holiday" | Leppert, Sharon (RD, LD) | Diets |
| Winter | 2004 | Chef Charles is Serving Up Nutrition Education in Iowa | Keeley, Jennifer (MS, RD) | Nutrition Education |
| Winter | 2004 | Nutrition Education in Long Term Care | Fisher, Susan (PhD, RD) | Nutrition Education |
| Winter | 2004 | Using Focus Group Interview to Design Nutrition Education: The Richland County Partnership Experience | Weddle, Dian (PhD, RD) | Nutrition Education |
| Winter | 2004 | Pick a Better Snack and Act Bingo* | Iowa Nutrition Network | Nutrition Education |
| Winter | 2004 | Tips for Working with Older Adults in Nutrition Programs | Gordon, Chaya (MPH); Sandra Maldague (MPH) | Professional Development |
| Spring | 2004 | Menu Wise - Pound Efficient | Leppert, Sharon | Diet |
| Spring | 2004 | Fall Prevention is more than a Home Safety Check * | Keeley, Jennifer (MS, RD) | Fall Prevention |
| Spring | 2004 | What is the Senior Farmers' Market Nutrition Program? | Liebes, Rebecca (PhD, RD) | Farmer's Market Program |
| Spring | 2004 | Education and Research: Food Insecurity Remains a Problem for Many Older Adults | Weddle, Dian (PhD, RD) | Food Insecurity |
| Spring | 2004 | Managing Your Dining Room Programs | Meskus, Cheryl (RD) | Food Systems Management |
| Summer | 2004 | The Importance of Good Menu Planning | Ramirez Brisson, Elsa (MPH, RD) | Diet |
| Summer | 2004 | Listeria - What's Happening Now? | Leppert, Sharon (RD, LD) | Food Safety |
| Summer | 2004 | Diabetes Medications* | | Medications |
| Summer | 2004 | Are supplements the answer to arresting weight loss in long-term care? | Meskus, Cheryl (RD) | Nutrition Supplements |
| Summer | 2004 | Helping Older Adults to Eat Better and Move More | Cuervo, Leon (MS); Neva Kirk-Sanchez (PhD); Yi-Ling Pan (MS, RD, PhD); Dian | Physical Activity |
| Summer | 2004 | Exercise doesn't have to be a chore...* | | Physical Activity |
| Summer | 2004 | Improving Practice through Research: Gerontological Nutritionists Can Make a Difference | Weddle, Dian (PhD, RD) | Leadership |
| Fall | 2004 | Serving the Homebound in Remote Areas and Reviving a Nutrition Site | Martiyani, Rona (MS, RD) | Community based programs |
| Fall | 2004 | Dietary Reference Intakes for Water | Keeley, Jennifer (MS, RD) | Diet |
| Fall | 2004 | Making It Happen: One Solution for Hydration Issues | Fisher, Susan (PhD, RD); Sharon Leppert, RD | Hydration |
| Fall | 2004 | Preventing Dehydration* | Wisconsin Bureau of Aging and Disability Resources | Hydration |
| Fall | 2004 | Preparing Gerontological Nutritionists for the Future | Weddle, Dian (PhD, RD); Susan Himburg (PhD, RD) | Professional Development |
| Winter | 2005 | MyPyramid* | | Diet |
| Winter | 2005 | How MyPyramid Can Help YOU | Jones, Charlotte | Diets |
| Winter | 2005 | Registered Dietitians and the 2005 Dietary Guidelines | Mower, Marilyn (MA, RD) | Diets |
| Winter | 2005 | Food System Principles for Meeting USDA Dietary Guidelines | Chao, Shirley (MS, RD) | Food Systems Management |
| Winter | 2005 | The Functionality of Physical Activity | Fisher, Susan (PhD, RD) | Physical Activity |
| Spring | 2005 | No Milk? Increasing calcium in your diet...Beyond Dairy Products | Gustashaw, Kristin (MS, RD) | Calcium |
| Spring | 2005 | The New Dietary Reference Intakes | Drzik, Jennifer (MS, RD); Rona Martiyani (MS, RD) | Diets |

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| Spring | 2005 | Exploring the Labyrinth of Medication Management | VanKampen, Pamela (RD) | Medications |
| Spring | 2005 | A Nutritional Prescription for Optimizing Drug Therapy | Fisher, Susan (PhD, RD) | Medications |
| Spring | 2005 | Balancing Food, Nutrition, Supplements and Medications: A Nutrition Care Process | Weddle, Dian (PhD, RD) | Nutrition Care Process |
| Spring | 2005 | Food Systems Management Corner <i>The Food Cost Dilemma</i> | Leppert, Sharon (RD, LD) | Food Systems Management |
| Summer | 2005 | Food Safety Begins with You! | Fox, Amy (RD); Jennifer Keeley (MS, RD) | Food Safety |
| Summer | 2005 | Be Healthy: Practice Good Food Safety | Martiyani, Rona (MS, RD) | Food Safety |
| Summer | 2005 | A Research Project to Provide Food Safety Education for Hard-to-Reach Populations | | Food Safety |
| Summer | 2005 | Safe Temperatures = Safe Food - Maybe | Leppert, Sharon (RD, LD) | Food Safety |
| Summer | 2005 | The CDC: A Resource for Those Concerned with Avoiding Foodborne Illness in Long-Term Care | Fisher, Susan (PhD, RD) | Food Safety |
| Summer | 2005 | Food Safety Beyond the Plate: A Guide to Leftovers* | Wisconsin Nutrition Education Program - Dane County | Food Safety |
| Summer | 2005 | Improved Glycemia in Aging and Disabled Homebound Clients Associated with Participation in a Diabetes Nutrition Education Program | Weddle, Dian (PhD, RD) | Nutrition Education |
| Fall | 2005 | Tic Tac Toe - Good Sources of Calcium* | Rezabek, Kristen (MS, RD) | Calcium |
| Fall | 2005 | The Older Americans Act of 1965: Serving Culturally Diverse Populations | Jones, Charlotte | Cultural Competency |
| Fall | 2005 | Research Findings and Resources to Assist in Planning Nutrition Services for American Indian and Alaska Native Elders | Weddle, Dian (PhD, RD) | Cultural Competency |
| Fall | 2005 | Innovated Solutions to Meeting a Diversity of Cultures in Senior Populations | Leppert, Sharon (RD) | Cultural Competency |
| Fall | 2005 | Serving Culturally Diverse Populations in the Community | Martiyani, Rona (MS, RD) | Cultural Competency |
| Fall | 2005 | Are You Informed and Confidently Prepared to Lead the Way? | Fisher, Susan (PhD, RD) | Leadership |
| Fall | 2005 | The Healing Vitamins* | | Nutrition Supplements |
| Spring | 2006 | Vision for the Future of Aging Americans | Jones, Charlotte | Advocacy |
| Spring | 2006 | 2005 White House Conference on Aging | Mower, Marilyn (MA, RD) | Advocacy |
| Spring | 2006 | How Do You Define Your Role in the Community? Nutrition Expert? Health Promotion Expert? | Martiyani, Rona (MS, RD) | Advocacy |
| Spring | 2006 | Overcoming Aging Apathy: Students Need Our Help! | Wellman, Nancy (PhD, RD) | Advocacy |
| Spring | 2006 | Delegate's View of the White House Conference on Aging | Splitter, Janet (PhD, RD) | Advocacy |
| Spring | 2006 | New Foods, Nutrition and Consumer Health | Savino, Susan (MS); Shirley Chao (MS, RD) | Diets |
| Spring | 2006 | The \$10 Grocery List* | | Food Insecurity |
| Spring | 2006 | Older and Healthier Centenarians | Fisher, Susan (PhD, RD) | Healthy Aging |
| Summer | 2006 | The "New Age" of Caregivers | Jones, Charlotte (RD) | Caregivers |
| Summer | 2006 | Alzheimer's Disease and the Caregiver | Martiyani, Rona (MS, RD) | Caregivers |
| Summer | 2006 | Resources for Caregivers: The National Family Caregiver Support Program | Mower, Marilyn (MA, RD) | Caregivers |
| Summer | 2006 | The Emergent Role of Caregivers: Are There Adequate Nutrition Resources for Caregivers? | Chao, Shirley (MS, RD) | Caregivers |
| Summer | 2006 | "Reimbursing" Caregivers Through Nutrition Education | Fisher, Susan (PhD, RD) | Caregivers |
| Summer | 2006 | Nutritional Risks for Elder Adults* | | Nutrition Assessment |
| Fall | 2006 | Meeting the Unique Food Service Needs of Palliative Care Patients | Sheeley, Amy (PhD, RD); Shirley Chao (MS, RD) | Food Systems Management |

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| Fall | 2006 | The Nutritionist as Beacon for the Frail or Depressed Elderly | Martijan, Rona (MS, RD) | Nutrition Assessment |
| Fall | 2006 | Nutrition Guidelines for End of Life Issues | Casey, Carol (BSc, RD) | Palliative Care |
| Fall | 2006 | Advance Medical Directives | Chilcot, Rachel and Susan Fisher (PhD, RD) | Palliative Care |
| Fall | 2006 | A Dietetic Approach to End of Life Care | Chao, Shirley (MS, RD) | Palliative Care |
| Fall | 2006 | End of Life Nutrition Questions, Terminology, and Documentation Necessities* | | Palliative Care |
| Fall | 2006 | End of Life Care and the RD | Mower, Marilyn (MA, RD) | Palliative Care |
| Winter | 2006/2007 | Type 2 Diabetes and the Elderly | Dai, Kathy (CRNP) | Diabetes |
| Winter | 2006/2007 | Good Nutrition: Key to Healthy Aging* | | Diets |
| Winter | 2006/2007 | Nutrition and Aging Strategies for the 21st Century | Casey, Carol (BSc, RD) | Leadership |
| Winter | 2006/2007 | The IBIDS Database: A Resource for Dietary Supplement Information | Kirin, Jenifer (MLS) | Nutrition Supplements |
| Winter | 2006/2007 | A New Look at Vitamin B12 | Rozgony, Nancy (RD) | Nutrition Supplements |
| Winter | 2006/2007 | Vitamin K, Bone Health and the Elderly | Esterling, Eric; Marilyn Abernathy (DrPH, RD) | Osteoporosis |
| Spring | 2007 | The Emerging Roles for Gerontological Nutritionists in Food Systems Management | Shea, Jennifer (MS, MPH); Chao, Shirley (MS, RD, LD/N) | Leadership |
| Spring | 2007 | Healthy Aging - Translating Research into Practice | Serano, Elena (PhD); Karen Chapman-Novakofski (RD, LDN, PhD) | Evidence-Base Programs |
| Spring | 2007 | Key Stakeholders' Interviews: How can nutrition professionals play a larger role in food systems management, particularly for aging Americans? | Shea, Jennifer (MS, MPH); Chao, Shirley (MS, RD, LD/N) | Food Systems Management |
| Summer | 2007 | Chicken Soup Brigade | Roesijadi, Tanya (RD, CD) | Community based programs |
| Summer | 2007 | Dietary Fiber - New Ways to Include in Diet | Lane, Ralph H. (PhD, RD); Kacey Johnston (RD, LD) | Fiber |
| Summer | 2007 | Eat Better & Move More | Kamp, Barbara (MS, RD); Wellman, Nancy (PhD, RD) | Community based programs |
| Summer | 2007 | The Older Americans Act: Opportunities for Optimal Food and Nutrition Services in the Emerging Home and Community Based Long Term Care | Weddle, Dian (PhD, RD) | Community based programs |
| Summer | 2007 | Collaborative Services: Path to the Future of Nutrition Services | Marullo, Tom (MBA); Linda Netteville (MA, RD, LD); Peggy Ingraham (MA); | Community based programs |
| Summer | 2007 | Mapping Technology Assits Nutrition Efforts for Older Adults | Simmons, Cathy | Technology |
| Fall | 2007 | The Older Americans Act Nutrition Program in Home and Community Based Long Term Care | Lloyd, Jean L. (MS, RD) | Community based programs |
| Fall | 2007 | Spotlight on Functional Foods | Hermann, Mindy (MBA, RD) | Diets |
| Fall | 2007 | Using Research to Build Evidence Linking Food, Nutrition and Healthy Aging | Weddle, Dian (PhD, RD) | Evidence-Base Programs |
| Winter | 2007/2008 | A Probiotic is a Probiotoc - Or is it? | Marra, Melissa Ventura (PhD, RD, LDN) | Probiotics |
| Winter | 2007/2008 | Probiotics: Immune Function and Professional Practice | Murphy, Elissa (RD, CD) | Probiotics |
| Winter | 2007/2008 | Probiotics: An Alternative Treatment for Constipation | Roberts, Linda (MS, RD) | Probiotics |
| Winter | 2007/2008 | Clostridium-difficile and Antibiotic Associated Diarrhea | Dorner, Becky (RD, LD) | Probiotics |
| Spring | 2008 | Choices for Independence Overview | Raimondi, Mary Pat (MS, RD); Carlene Russell (MS, RD) | Community based programs |
| Spring | 2008 | Modified MyPyramid for Older Americans | Murphy, Elissa (RD, CD) | Diets |
| Spring | 2008 | Evidence Rocks in Long-term Care, But Does it Roll? | | Long Term Care |
| Spring | 2008 | Why Use a PDA? | Kamp, Barbara (MS, RD) | Technology |
| Summer | 2008 | Calcium Supplementation | Kamp, Barbara (MS, RD) | Calcium |
| Summer | 2008 | Beyond Calcium and Vitamin D | Peggy O'Neill (MS, RD, LD/N) | Calcium |

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| Summer | 2008 | Bone Health Drugs | Shafiq, Sami (PharmD); Ryan White | Medications |
| Summer | 2008 | Bone Health: Physiology, Assessment and Prevention of Fractures | Thorpe, Matthew | Osteoporosis |
| Summer | 2008 | Navigating the Internet | Kamp, Barbara (MS, RD) | Technology |
| Fall | 2008 | Big Changes Underfoot at Healthy Aging DPG | Kamp, Barbara (MS, RD) | Advocacy |
| Fall | 2008 | Transforming Food and Nutrition Services: A State and Local Community Perspective | Russell, Carlene (MS, RD, LD, CSG) | Community based programs |
| Fall | 2008 | Dietary Supplement Use and Dietary Intake in Older Kansans | Weeden, Allisha M. (PhD, RD, LD) | Dietary Supplements |
| Fall | 2008 | Micronutrients and Healthy Aging: Vitamin B12, Iron, Calcium, and Vitamin D | | Micronutrients |
| Fall | 2008 | Vitamin D Deficiency and Insufficiency in Older People: Risk Factors for Chronic Disease? | Hausman, Dorothy B. (PhD) | Vitamin D |
| Fall | 2008 | What is a Podcast? | Kamp, Barbara (MS, RD) | Technology |
| Winter | 2009 | Serving the Aging Developmentally Disabled Population (Summarized) | Rosenzweig, Lester (MS, RD, CDN) | Community based programs |
| Winter | 2009 | Practical Applications of Nutrition Care Process for Healthy Aging | Escott-Stump, Sylvia (MA, RD, LDN) | Nutrition Care Process |
| Winter | 2009 | Managing Email | Kamp, Barbara (MS, RD) | Technology |
| Spring | 2009 | Friend or Foe: Exploring the Dandelion | Langevin, Leslie | Diets |
| Spring | 2009 | Linking Evidence Based Medicine to Geriatric Nutrition Screening - The Mini Nutritional Assessment (MNA) | Skates, Janet (MS, RD, LDN) | Nutrition Assessment |
| Spring | 2009 | The Nutrition - Focused Physical Examination: One Dietitian's Perspective | Huls, Adele (PhD, RD) | Nutrition Assessment |
| Spring | 2009 | Depression and Hardiness and their Association with Appetite in Older Adults | Engel, Julia; Nadine Sahyoun (PhD, RD); Robert Jackson (PhD, RD); Frank Siewerdt | Nutrition Assessment |
| Spring | 2009 | Social Networking | Kamp, Barbara (MS, RD) | Technology |
| Summer | 2009 | Discharge Planning/Case Management for Older Adults Returning to the Community: Addressing Malnutrition Across the Continuum of Care | Sahyoun, Nadine (PhD, RD); Ucheoma Anyanwu (PhD) | Community based programs |
| Summer | 2009 | Do Older Adults Need More Protein? | Kamp, Barbara (MS, RD) | Diets |
| Summer | 2009 | Does Supplementation of B-Vitamins Really Prevent Heart Attacks? | Dienst, Haley (MS) | Nutrition Supplements |
| Summer | 2009 | On Blogs and Blogging | Kamp, Barbara (MS, RD) | Technology |
| Fall | 2009 | Senior Hunger in the United States | Gunderson, Craig (PhD); James P. Ziliak (PhD) | Food Insecurity |
| Fall | 2009 | USDA Nutrition Assistance Programs Aim to Increase Food Security and Reduce Hunger for Older Adults | Gaston, Nancy (MA, RD) | Food Insecurity |
| Fall | 2009 | The Cat, the Cow, and the One-legged Downward Dog | Bouffard, Erika (MS, RD) | Physical Activity |
| Winter | 2010 | Legislative Update: Health Care Reform | Vincent, Charlotte (PhD, RD) | Advocacy |
| Winter | 2010 | A Commentary on the Patient-Centered Medical Home and Serving Older Persons in Community Settings | Weddle, Dian (PhD, RD, FADA) | Community based programs |
| Winter | 2010 | Nutrition 101: Student Author Contribution - The Sweet Truth About Agave Nectar | Bristow, Marcia (MS candidate, Univ VT) | Nutrition Education |
| Winter | 2010 | Technology Corner: Social Networking 2.0 | Kamp, Barbara (MS, RD) | Professional Development |
| Spring | 2010 | Older Americans Act Reauthorization | | Advocacy |
| Spring | 2010 | Nutrition 101: Save the Brain with Antioxidants | Alissa C. Robertson, MS, RD | Nutrition Education |
| Spring | 2010 | GOOGLE and YAHOO and BING...OH My! | Barbara Kamp, MS, RD | Technology |
| Spring | 2010 | Consequences of Cost-related Medication Non-Adherence and Food Insecurity in Community dwelling, low-income Older Adults in Georgia | Rebecca Bengle, MS, RD; Jung Sun Lee, PhD, RD | Food Insecurity |
| Summer | 2010 | Healthy Aging Provides Comments to ADA on the Dietary Guidelines for Americans 2010 | Weddle, Dian (PhD, RD, FADA) | Advocacy |

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| Summer | 2010 | Legislative Update: Public Policy is Continuing to Change and Affects Everyone | | Advocacy |
| Summer | 2010 | Food Safety for the Older Adult | Sandra Bastin, PhD, RD, LD, CCE | Food Safety |
| Summer | 2010 | Nutrition 101: Student Author Contribution - The Hulk of Tubers | Wadsworth, Abby (MS, RD) | Nutrition Education |
| Fall/Winter | 2010 | Affordable Care Act for Older Adults: Ready! Start! Go! | Vincent, Charlotte (PhD, RD, CD) | Advocacy |
| Fall/Winter | 2010 | Assessing Nutritional Status in Long-Term Care | Thomas, David R. (MD, FACP, GSAF, AGSF) | Nutrition Assessment |
| Fall/Winter | 2010 | 2009 - 2010 Annual HA DPG Report | Thomas, Willa (MS, RD, LD) | Professional Development |
| Winter | 2011 | Legislative Update: Make a Difference - Get Involved with Public Policy! | Vincent, Charlotte (PhD, RD, CD) | Advocacy |
| Winter | 2011 | Nutrition & Older Health of Aging Adults | Sherill, Nancy (RDH), Boyd, Linda (EdD, RD, RDH), Stegeman, Cynthia (Med, RD, RDH, | Diet |
| Winter | 2011 | Swallowing Handout | | Diet |
| Winter | 2011 | Great Presentation Tools | Kamp, Barbara (MS, RD) | Professional Development |
| Spring | 2011 | Legislative Update: Health Reform One Year Later | Vincent, Charlotte (PhD, RD, CD) | Advocacy |
| Spring | 2011 | Grocery Delivery to Seniors in Lewiston, MN | Cheung, Kwai Sheung, RD, LN | Diet |
| Spring | 2011 | Utilizing Dietetic Interns to Improve Outcomes at a Senior Center | Kudin, Janette Smith, MS, RD | Professional Development |
| Summer | 2011 | Legislative Update: New Policies Recognize the Role of Prevention in Healthcare | Vincent, Charlotte (PhD, RD, CD) | Advocacy |
| Summer | 2011 | Cranberries: Hype or Help for UTI Prevention in Older Adults? | Posthauer, Mary Ellen (RD, LD, CD) | Diet |
| Summer | 2011 | Decision 2011: Report from the NANASP Conference | Peppones, Martha (MS, RD, CD) | Advocacy |
| Fall | 2011 | HA Annual Report | Weddle, Dian, PhD, RD, FADA | Professional Development |
| Fall | 2011 | House of Delegates Update | Kamp, Barbara, MS, RD | Professional Development |
| Fall | 2011 | Legislative Update: Much is Happening in Public Policy & ADA (You) are Involved | Vincent, Charlotte (PhD, RD, CD) | Advocacy |
| Fall | 2011 | Celiac Disease and the Aging Adult | Longhurst, Shannon, RD, CD | Diet |
| Winter | 2012 | Legislative Update: Public Policy Summary of 2011 with Forecast for 2012 | Vincent, Charlotte (PhD, RD) | Advocacy |
| Winter | 2012 | Tufts University Nutrition Scientists Unveil MyPlate for Older Adults | | Diet |
| Winter | 2012 | Tomatoes & Healthy Aging: New finding support consumption of this favorite | Burton-Freeman, Britt (PhD, MS), Reimers, Kristin (PhD, RD), Sinnett, Stephanie (MS, | Diet |
| Spring | 2012 | Legislative Update: Shining the Spotlight on Advocacy - 2012 Public Policy Workshop | Vincent, Charlotte (PhD, RD) | Advocacy |
| Spring | 2012 | Healthy Eating Perceptions of Older Adults Living in Canadian Rural and Northern Communities | Journal of Nutrition in Gerontology and Geriatrics | Diet |
| Spring | 2012 | Nutrition 101: Student Author Contribution - Selenium to the Rescue | Gero, Kelsey E. | Diet |
| Spring | 2012 | SCREEN© Nutrition Risk Questionnaire | | Diet |
| Summer | 2012 | Estimated Flavonoid Intake of the Elderly in the US & around the World | Journal of Nutrition in Gerontology and Geriatrics | Diet |
| Summer | 2012 | Fiber Subscriber | Clay, Amy | Diet |
| Summer | 2012 | Coumadin [®] and Vitamin K: It's Ok to Eat Your Green Vegetables | Area Office on Aging | Medication & Diet |
| Fall | 2012 | Multiple Point-of-Testing Nutrition Counseling Sessions Reduce Risk Factors for Chronic Disease Among Older Adults | Journal of Nutrition in Gerontology and Geriatrics | Diet |
| Fall | 2012 | Using Mindful Eating When Counseling Older Adults | Fletcher, Megrette (MEd, RD, CDE) | Diet |
| Fall | 2012 | Dinner and Glassware Standards for Older Adults | Omietanski, Karen (MBA, RD, LD); Skelley, Ginny (MS, LD); Roloff, Shellee (CFSP) | Food Systems Management |

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| Winter | 2013 | 2013 Health Care Reform Changes and Policies/Advocacy Resources | Vincent, Charlotte (PhD, RD) | Advocacy |
| Winter | 2013 | "Never the Twain Shall Meet:" Dual Systems Exacerbate Malnutrition in Older Adults Recently Discharged from Hospitals | Journal of Nutrition in Gerontology and Geriatrics | Diet |
| Winter | 2013 | Nutrition: An Intrinsic Factor of Pressure-Ulcer Healing | Munoz, Nancy (DCN, MHA, RD, LDN) | Diet |
| Spring | 2013 | The Academy's Annual Public-Policy Workshop: Policy from the Ground Up | Vincent, Charlotte (PhD, RD) | Advocacy |
| Spring | 2013 | Older Adults Attending Georgia Senior Centers Increase Preventative Behaviors for Falls & Fractures Following a Community Based Intervention | Journal of Nutrition in Gerontology and Geriatrics | Community based programs |
| Spring | 2013 | Leadership: A Recipe for Success | Pyper, Barbara J (MS, RD, SNS, FCSI, FAND) | Leadership |
| Summer | 2013 | Effectiveness of Community Intervention in Improving Bone Health Behaviors in Older Adults | Plawecki, Karen (PhD, RD, LDN) & Chapman-Novakofski, Karen (PhD, RD, | Community based programs |
| Summer | 2013 | "Conquering the Kitchen:" A Healthy Aging DPG Best Practice | Weddle, Dian (PhD, RDN, FADA) | Community based programs |
| Summer | 2013 | Nutritionally Inadequate Diets and Older Americans: When Should We Supplement? | DeBarmore, Bailey | Diet |
| Fall | 2013 | Identification of Environmental Supports for Healthy Eating in Older Adults | Sylvie, Amanda (MPH, RD, LD), Jiang, Qianzhi (MA), Cohen, Nancy (PhD, RD, | Community based programs |
| Fall | 2013 | In-House ServSafe® Training for Food Service Employees: A Healthy Aging DPG Best Practice | Weddle, Dian (PhD, RDN, FADA) | Food Systems Management |
| Fall | 2013 | Gerontological-Nutrition Board Certification: Healthy Aging DPG's Upcoming Mentoring/Support Program | Schmelzer, Claire (PhD, MPH, RD, LD) | Professional Development |
| Winter | 2014 | Physical Activity for Older Adults: The Silver Sneakers® Program | Salomon, Sharon (MS, RD) | Community based programs |
| Winter | 2014 | Use of an Automatic Telephone Message System (ATMS) to Deliver Nutrition Education to Home-Delivered Meal Participants in the Elderly | Koomas, Alyssa, (MS, MPH, RD), Sheeley, Amy (PhD, RD, LDN), Mulvaney, Allison | Community based programs |
| Winter | 2014 | Becoming a Certified Specialist in Gerontological Nutrition: A Member Perspective | Schmelzer, Claire (PhD, MPH, RD, LD) | Professional Development |
| Winter | 2014 | Defining Skilled-Nursing Facility Residents' Dining-Style Preferences | Adams, Katy (MDA, RD, CSG, LD), Anderson, Janet (MS, RD, CD), Archuleta, | Food Systems Management |
| Spring | 2014 | The Effects of Lutein and Zeaxanthin Supplementation on Age-Related Macular Degeneration | Simmons, Jennifer (MCN, RD, LD, RN), Latson, Bernadette (MS, RD, LD) | Diet |
| Spring | 2014 | Blood-Pressure Difficulties After Mealtimes: Postprandial Hypotension in the Elderly | Malozemoff, Wiera (RN, MS, CS), Long, Tracey (RN, BSN, MS, CDE), Manning | Diet |
| Summer | 2014 | Identifying the Physical-Activity Barriers of Older Americans | Bailey, DeBarmore, MS | Healthy Aging |
| Fall | 2014 | Soy and the Health of Older Individuals | Messina, Mark (PhD, MS) | Diet |
| Fall | 2014 | The Relationship Between Oral Health, Nutritional Status and Food Intake in Older Adults | White, Tina (MS, RD), Neubauer, Suzanne (PhD, RD, CNSC) | Oral Health |
| December | 2014 (supplement) | Soy Protein and Heart Disease | Loar, Carly, BS | Diet |
| December | 2014 (supplement) | The Effects of Diet and Exercise on Joint Health | Bohl, Elise, BS | Diet |
| December | 2014 (supplement) | Dietary Soy, Soy Components, and the Cancers Associated with Older Americans | Apfel, Kelly, RD | Diet |
| December | 2014 (supplement) | The Effects of Various Nutrients and Foods on Memory and Cognition | Compton, Jenna, BS | Diet |
| Winter | 2015 | The Role of Walnuts in Healthy Aging: A Scientific Review of the Literature | Wien, Michelle (DrPH, RD, CDE) | Diet |
| Winter | 2015 (supplement) | Micronutrients and the Older Adult, Part 1: Micronutrients of Importance to Older Adults | Jain, Vijaya, MS, RD, CDN | Micronutrients |
| Winter | 2015 (supplement) | Caring for Our Aging Population: New Opportunities for Community Dietetics and Nutrition Professionals | Mika, Kelsie, RDN; Matos, Kenneth, PhD, Arensberg, PhD, RDN, LD, FAND | Professional Development |
| Winter | 2015 (supplement) | Journeying as a Caregiver for an Older Adult | Hernandez-Rosa, Ana Maria, LND | Professional Development |
| Spring | 2015 | Cocoa Flavanols, Chocolate and Healthy Aging | Shumow, Laura, MHS | Diet |
| Spring | 2015 | Effect of a 12-Week Nutrition and Wellness Program in Independent Living Seniors | Pogge, Elizabeth (PharmD, MPH) | Healthy Aging |
| Spring | 2015 (supplement) | Clearing the Confusion on Probiotics, Prebiotics, and Flavonoids for Healthy Aging | Rosenbloom, Christine, PhD, RDN, FAND; Romotsky, Sarah, RDN | Diet |
| Spring | 2015 (supplement) | Micronutrients and the Older Adult, Part 2: Micronutrients of Importance to Older Adults | Jain, Vijaya, MS, RD, CDN | Micronutrients |

Healthy Aging DPG Newsletter Article Summary

| Issue | Year | Article | Author | Subject |
|--------------|----------------------|---|--|--------------------------|
| Spring | 2015 (supplement) | Improving Quality of Life for Older Adults: A Resource List | Rosas, Jamillah-Hoy, MPH, RD, CDN, CDE | References |
| Spring | 2015 (supplement) | Navigating the Urban Food Environment: Challenges and Resilience of Community Dwelling Older Adults | Munoz-Plaza, Corrine E., MPH; Morland, Kimberly B., PhD; Pierre, Jennifer A, DrPH; | Wellness |
| Summer | 2015 | Internal Cues for Food Consumption in Older Adults | Carrara, Elizabeth, MS, RD | Diet |
| Summer | 2015 | Older Adults and Intermittent Fasting for Weight Loss and Vitality: Is the Fast Worth it? | Russell, Madeleine, MS, RD | Weight Loss |
| Summer | 2015 | Exploring Older Adults' Health Information Seeking Behaviors | Manafa, Elizabeth, MHSc, RD; Wong, Sharon, PhD, RD | Wellness |
| Summer | 2015 (supplement) | The Association of Healthful Diets and Cognitive Function: A Review | Kuczmarski, Marie Fanelli, PhD, RD; Allegro, Deanne, MS, RD; Stave, Emily, BS | Diet |
| Summer | 2015 (supplement) | The Role of Exercise and Nutrition in Alleviating Sarcopenia | Tindall, Alyssa, BS, RDN; Cope, Mark, PhD | Wellness |
| Fall | 2015 | Fall-Prevention Nutrition Strategies for Community-Dwelling Older Adults | Gilboy, Mary Beth, PhD, MPH, RD; Heinerichs, EdD, LAT, ATC | Wellness |
| Fall | 2015 | Alcohol and Breast Cancer Risk for the Older Adult | Graf, Jacqueline, MS, RDN, CD | Wellness |
| Winter | 2016 (supplement) | Eating Out Healthfully: A Peek Behind the Menu | Bohm, Erica, MS | Diet |
| Winter | 2016 (supplement) | Cranberries and the Prevention of Urinary Tract Infections: How Effective Are They? | Shah, Rutu, MS, RD | Diet |
| Winter | 2016 (supplement) | Dietary Protein and Sarcopenia Prevention | Golan, Kristen, MS, RD, LDN | Diet |
| Winter | 2016 | Advanced Glycation Endproducts (AGEs) and Their Role in the Aging Process | Mey, Jacob, PhD candidate | Diet |
| Winter | 2016 | The MIND Diet May Help Prevent Alzheimer's and Cognitive Decline | Betz, Melanie, MS, RD, CSG, LDN | Diet |
| Spring | 2016 | What Do Aging and Living on the International Space Station Have in Common? | Lane, Helen W, PhD, RDN | Wellness |
| Spring | 2016 | Asking the Right Questions: Finding Answers with the Academy's Dietetics Practice Based Research Network | N/A | Research |
| Summer | 2016 | An Overlooked Issue: Screening Older Adults for Risky and Harmful Alcohol Consumption | Ganem, Steven; Pietro, Kevin, MS, RD, LD | Wellness |
| Summer | 2016 | The Nutrition-Focused Physical Exam: Within the RDN Scope of Practice | Dahm, Robin, RDN, LDN | Professional Development |
| Fall | 2016 | Phytochemicals and Healthy Aging, Part 1 | Karpiel, MS, RD, LD | Diet |
| Winter | 2017 | Phytochemicals and Healthy Aging, Part 2 | Karpiel, MS, RD, LD | Diet |
| Winter | 2017 | A Shifting Paradigm: Serum Albumin and Prealbumin Are Biomarkers for Inflammation, Not for Nutritional Status | Ganem, Steven, BS | Wellness |
| Spring | 2017 | Farmers' Markets and the Older Adult Population | Mecklenburg, Amelia | Wellness |