

**Healthy Aging DPG Newsletter Article Summary**

<b>Issue</b>	<b>Year</b>	<b>Article</b>	<b>Author</b>	<b>Subject</b>
Winter	2002	A Profile of Older Adults and Their Eating Practices	Higgins, Mary L. Meck (PHD, RD, LD, CDE)	Diet
Winter	2002	Food-Drug Interactions in Seniors *	Oderda, Lynda H. (Pharm.D.)	Medications
Winter	2002	Nutrition education may reduce burden in family caregivers	Flipse, Ana Patricia	Nutrition Education
Winter	2002	America on the Move: Steps to Healthy Aging Project	Rosenzweig, Lester (MS, RD)	Physical Activity
Spring	2002	The "Cook-Chill" Craze *	Wolf, Lee (RD, LD)	Food Systems Management
Spring	2002	NSI Distributes New Physicians Nutrition Guideline		Nutrition Assessment
Spring	2002	Cultural Competency	Rosenzweig, Lester (MS, RD)	Professional Development
Summer	2002	Program Reviews Joint AoA Activities	Rosenzweig, Lester (MS, RD)	Administration on Aging
Summer	2002	Facility Implements Consistent Carbohydrate Diets *	Meskus, Cheryl (RD)	Diet
Summer	2002	Meal Services Changes Increase Residential Intake	Sandow, Kay (Ph.D., RD, CHES)	Food Systems Management
Summer	2002	Long-Term Facility Addresses Micronutrient Supplementation *	Eagle Ridge Manor, Canada	Medications
Summer	2002	Program Takes Diabetes Education to Rural Elderly: Meals on Wheels Association of America Conference	Splitter, Janet (Ph.D, RD, LD; Maude Allen, RN, CDE)	Nutrition Education
Fall	2002	Vegetarian Diets for Seniors	Meerschaert, Carol M. (RD, LDN)	Diet
Fall	2002	Operating a Food Service Business	Wolf, Lee (RD, LD)	Food Systems Management
Fall	2002	Polypharmacy: Why it's a bigger problem in older patients, and what we can do to prevent problems *	Oderda, Lynda (Pharm.D)	Medications
Fall	2002	Wellness Activities for Older Americans	Rosenzweig, Lester (MS, RD); Lauren Rhee (MS, RD)	Physical Activity
Winter	2003	A focus on Caregivers	Weddle, Dian (PhD, RD, FADA)	Caregivers
Winter	2003	Food Security, Older Adults, and You *	Remig, Valentina M. (PhD, RD, FADA); Paula Peters (PhD)	Food Insecurity
Winter	2003	Palliative Care - What does it mean to your facility?	Meskus, Cheryl (RD)	Palliative Care
Winter	2003	Promoting Physical Activity and Good Nutrition for Older Adults	Rosenzweig, Lester (MS, RD)	Physical Activity
Spring	2003	Assisted Living Option for the Elderly *	Woodhouse, Barbara (RD, LD)	Community based programs
Spring	2003	Inadequate nutrient intakes among homebound elderly and their correlation with individual characteristics and health-related factors.	Sharkey JR, Branch JG, Zohoori N, Giuliani C, Busby-Whitehad, Haines PS, Am J Clin	Diet
Spring	2003	Dietary Reference Intakes for Older Adults		Dietary References Intake
Spring	2003	Tribute to Joann Prophet, MS, RD		Leadership
Spring	2003	LIQUIDS - In The THICK Of It	Meskus, Cheryl (RD)	Modified Diets
Summer	2003	Successfully Feeding the Alzheimer Patient	Wolf, Lee (RD, LD)	Alzheimer
Summer	2003	Dementia Overview *	Bair, Byron D. (MD)	Dementia
Summer	2003	Nutrition, Dementia, and Cognition: Remembering What is Best for Your Clients	Johnson, Mary Ann (PhD)	Dementia
Summer	2003	The Dining Environment: Consideration for Individuals with Dementia	Leppert, Sharon (RD, LD)	Dementia
Summer	2003	Current Medications and Dementia	Gay, Chris (MD)	Medications
Fall	2003	Medicaid Waiver, Medicare and Private Insurers Fund MNT and Meal Services to Older Adults in the Community	Rosenzweig, Lester (MS, RD)	Community based programs

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Fall	2003	Protein Modification in the Treatment of Parkinson's Disease *	Ballou, Kristi (RD); Marilyn Abernethy (DrPH, RD, LND)	Diet
Fall	2003	Liberalizing Diets in Long Term Care	Meskus, Cheryl (RD)	Diet
Fall	2003	Senior Farmer's Market Nutrition Program	Weddle, Dian (PhD, RD)	Farmer's Market Program
Fall	2003	What's your recipe for Success?	Leppert, Sharon (RD, LD)	Leadership
Winter	2004	Five Meals a Day - "Everyday is a Holiday"	Leppert, Sharon (RD, LD)	Diets
Winter	2004	Chef Charles is Serving Up Nutrition Education in Iowa	Keeley, Jennifer (MS, RD)	Nutrition Education
Winter	2004	Nutrition Education in Long Term Care	Fisher, Susan (PhD, RD)	Nutrition Education
Winter	2004	Using Focus Group Interview to Design Nutrition Education: The Richland County Partnership Experience	Weddle, Dian (PhD, RD)	Nutrition Education
Winter	2004	Pick a Better Snack and Act Bingo*	Iowa Nutrition Network	Nutrition Education
Winter	2004	Tips for Working with Older Adults in Nutrition Programs	Gordon, Chaya (MPH); Sandra Maldague (MPH)	Professional Development
Spring	2004	Menu Wise - Pound Efficient	Leppert, Sharon	Diet
Spring	2004	Fall Prevention is more than a Home Safety Check *	Keeley, Jennifer (MS, RD)	Fall Prevention
Spring	2004	What is the Senior Farmers' Market Nutrition Program?	Liebes, Rebecca (PhD, RD)	Farmer's Market Program
Spring	2004	Education and Research: Food Insecurity Remains a Problem for Many Older Adults	Weddle, Dian (PhD, RD)	Food Insecurity
Spring	2004	Managing Your Dining Room Programs	Meskus, Cheryl (RD)	Food Systems Management
Summer	2004	The Importance of Good Menu Planning	Ramirez Brisson, Elsa (MPH, RD)	Diet
Summer	2004	Listeria - What's Happening Now?	Leppert, Sharon (RD, LD)	Food Safety
Summer	2004	Diabetes Medications*		Medications
Summer	2004	Are supplements the answer to arresting weight loss in long-term care?	Meskus, Cheryl (RD)	Nutrition Supplements
Summer	2004	Helping Older Adults to Eat Better and Move More	Cuervo, Leon (MS); Neva Kirk-Sanchez (PhD); Yi-Ling Pan (MS, RD, PhD); Dian	Physical Activity
Summer	2004	Exercise doesn't have to be a chore...*		Physical Activity
Summer	2004	Improving Practice through Research: Gerontological Nutritionists Can Make a Difference	Weddle, Dian (PhD, RD)	Leadership
Fall	2004	Serving the Homebound in Remote Areas and Reviving a Nutrition Site	Martiyani, Rona (MS, RD)	Community based programs
Fall	2004	Dietary Reference Intakes for Water	Keeley, Jennifer (MS, RD)	Diet
Fall	2004	Making It Happen: One Solution for Hydration Issues	Fisher, Susan (PhD, RD); Sharon Leppert, RD	Hydration
Fall	2004	Preventing Dehydration*	Wisconsin Bureau of Aging and Disability Resources	Hydration
Fall	2004	Preparing Gerontological Nutritionists for the Future	Weddle, Dian (PhD, RD); Susan Himburg (PhD, RD)	Professional Development
Winter	2005	MyPyramid*		Diet
Winter	2005	How MyPyramid Can Help YOU	Jones, Charlotte	Diets
Winter	2005	Registered Dietitians and the 2005 Dietary Guidelines	Mower, Marilyn (MA, RD)	Diets
Winter	2005	Food System Principles for Meeting USDA Dietary Guidelines	Chao, Shirley (MS, RD)	Food Systems Management
Winter	2005	The Functionality of Physical Activity	Fisher, Susan (PhD, RD)	Physical Activity

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Spring	2005	No Milk? Increasing calcium in your diet...Beyond Dairy Products	Gustashaw, Kristin (MS, RD)	Calcium
Spring	2005	The New Dietary Reference Intakes	Drzik, Jennifer (MS, RD); Rona Martiyan (MS, RD)	Diets
Spring	2005	Exploring the Labyrinth of Medication Management	VanKampen, Pamela (RD)	Medications
Spring	2005	A Nutritional Prescription for Optimizing Drug Therapy	Fisher, Susan (PhD, RD)	Medications
Spring	2005	Balancing Food, Nutrition, Supplements and Medications: A Nutrition Care Process	Weddle, Dian (PhD, RD)	Nutrition Care Process
Spring	2005	Food Systems Management Corner <i>The Food Cost Dilemma</i>	Leppert, Sharon (RD, LD)	Food Systems Management
Summer	2005	Food Safety Begins with You!	Fox, Amy (RD); Jennifer Keeley (MS, RD)	Food Safety
Summer	2005	Be Healthy: Practice Good Food Safety	Martiyan, Rona (MS, RD)	Food Safety
Summer	2005	A Research Project to Provide Food Safety Education for Hard-to-Reach Populations		Food Safety
Summer	2005	Safe Temperatures = Safe Food - Maybe	Leppert, Sharon (RD, LD)	Food Safety
Summer	2005	The CDC: A Resource for Those Concerned with Avoiding Foodborne Illness in Long-Term Care	Fisher, Susan (PhD, RD)	Food Safety
Summer	2005	Food Safety Beyond the Plate: A Guide to Leftovers*	Wisconsin Nutrition Education Program - Dane County	Food Safety
Summer	2005	Improved Glycemia in Aging and Disabled Homebound Clients Associated with Participation in a Diabetes Nutrition Education Program	Weddle, Dian (PhD, RD)	Nutrition Education
Fall	2005	Tic Tac Toe - Good Sources of Calcium*	Rezabek, Kristen (MS, RD)	Calcium
Fall	2005	The Older Americans Act of 1965: Serving Culturally Diverse Populations	Jones, Charlotte	Cultural Competency
Fall	2005	Research Findings and Resources to Assist in Planning Nutrition Services for American Indian and Alaska Native Elders	Weddle, Dian (PhD, RD)	Cultural Competency
Fall	2005	Innovated Solutions to Meeting a Diversity of Cultures in Senior Populations	Leppert, Sharon (RD)	Cultural Competency
Fall	2005	Serving Culturally Diverse Populations in the Community	Martiyan, Rona (MS, RD)	Cultural Competency
Fall	2005	Are You Informed and Confidently Prepared to Lead the Way?	Fisher, Susan (PhD, RD)	Leadership
Fall	2005	The Healing Vitamins*		Nutrition Supplements
Spring	2006	Vision for the Future of Aging Americans	Jones, Charlotte	Advocacy
Spring	2006	2005 White House Conference on Aging	Mower, Marilyn (MA, RD)	Advocacy
Spring	2006	How Do You Define Your Role in the Community? Nutrition Expert? Health Promotion Expert?	Martiyan, Rona (MS, RD)	Advocacy
Spring	2006	Overcoming Aging Apathy: Students Need Our Help!	Wellman, Nancy (PhD, RD)	Advocacy
Spring	2006	Delegate's View of the White House Conference on Aging	Splitter, Janet (PhD, RD)	Advocacy
Spring	2006	New Foods, Nutrition and Consumer Health	Savino, Susan (MS); Shirley Chao (MS, RD)	Diets
Spring	2006	The \$10 Grocery List*		Food Insecurity
Spring	2006	Older and Healthier Centenarians	Fisher, Susan (PhD, RD)	Healthy Aging
Summer	2006	The "New Age" of Caregivers	Jones, Charlotte (RD)	Caregivers
Summer	2006	Alzheimer's Disease and the Caregiver	Martiyan, Rona (MS, RD)	Caregivers
Summer	2006	Resources for Caregivers: The National Family Caregiver Support Program	Mower, Marilyn (MA, RD)	Caregivers
Summer	2006	The Emergent Role of Caregivers: Are There Adequate Nutrition Resources for Caregivers?	Chao, Shirley (MS, RD)	Caregivers

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Summer	2006	"Reimbursing" Caregivers Through Nutrition Education	Fisher, Susan (PhD, RD)	Caregivers
Summer	2006	Nutritional Risks for Elder Adults*		Nutrition Assessment
Fall	2006	Meeting the Unique Food Service Needs of Palliative Care Patients	Sheeley, Amy (PhD, RD); Shirley Chao (MS, RD)	Food Systems Management
Fall	2006	The Nutritionist as Beacon for the Frail or Depressed Elderly	Martiyani, Rona (MS, RD)	Nutrition Assessment
Fall	2006	Nutrition Guidelines for End of Life Issues	Casey, Carol (BSc, RD)	Palliative Care
Fall	2006	Advance Medical Directives	Chilcot, Rachel and Susan Fisher (PhD, RD)	Palliative Care
Fall	2006	A Dietetic Approach to End of Life Care	Chao, Shirley (MS, RD)	Palliative Care
Fall	2006	End of Life Nutrition Questions, Terminology, and Documentation Necessities*		Palliative Care
Fall	2006	End of Life Care and the RD	Mower, Marilyn (MA, RD)	Palliative Care
Winter	2006/2007	Type 2 Diabetes and the Elderly	Dai, Kathy (CRNP)	Diabetes
Winter	2006/2007	Good Nutrition: Key to Healthy Aging*		Diets
Winter	2006/2007	Nutrition and Aging Strategies for the 21st Century	Casey, Carol (BSc, RD)	Leadership
Winter	2006/2007	The IBIDS Database: A Resource for Dietary Supplement Information	Kirin, Jenifer (MLS)	Nutrition Supplements
Winter	2006/2007	A New Look at Vitamin B12	Rozgony, Nancy (RD)	Nutrition Supplements
Winter	2006/2007	Vitamin K, Bone Health and the Elderly	Esterling, Eric; Marilyn Abernathy (DrPH, RD)	Osteoporosis
Spring	2007	The Emerging Roles for Gerontological Nutritionists in Food Systems Management	Shea, Jennifer (MS, MPH); Chao, Shirley (MS, RD, LD/N)	Leadership
Spring	2007	Healthy Aging - Translating Research into Practice	Serano, Elena (PhD); Karen Chapman-Novakofski (RD, LDN, PhD)	Evidence-Base Programs
Spring	2007	Key Stakeholders' Interviews: How can nutrition professionals play a larger role in food systems management, particularly for aging Americans?	Shea, Jennifer (MS, MPH); Chao, Shirley (MS, RD, LD/N)	Food Systems Management
Summer	2007	Chicken Soup Brigade	Roesijadi, Tanya (RD, CD)	Community based programs
Summer	2007	Dietary Fiber - New Ways to Include in Diet	Lane, Ralph H. (PhD, RD); Kacey Johnston (RD, LD)	Fiber
Summer	2007	Eat Better & Move More	Kamp, Barbara (MS, RD); Wellman, Nancy (PhD, RD)	Community based programs
Summer	2007	The Older Americans Act: Opportunities for Optimal Food and Nutrition Services in the Emerging Home and Community Based Long Term Care	Weddle, Dian (PhD, RD)	Community based programs
Summer	2007	Collaborative Services: Path to the Future of Nutrition Services	Marullo, Tom (MBA); Linda Netterville (MA, RD, LD); Peggy Ingraham (MA);	Community based programs
Summer	2007	Mapping Technology Assists Nutrition Efforts for Older Adults	Simmons, Cathy	Technology
Fall	2007	The Older Americans Act Nutrition Program in Home and Community Based Long Term Care	Lloyd, Jean L. (MS, RD)	Community based programs
Fall	2007	Spotlight on Functional Foods	Hermann, Mindy (MBA, RD)	Diets
Fall	2007	Using Research to Build Evidence Linking Food, Nutrition and Healthy Aging	Weddle, Dian (PhD, RD)	Evidence-Base Programs
Winter	2007/2008	A Probiotic is a Probiotic - Or is it?	Marra, Melissa Ventura (PhD, RD, LDN)	Probiotics
Winter	2007/2008	Probiotics: Immune Function and Professional Practice	Murphy, Elissa (RD, CD)	Probiotics
Winter	2007/2008	Probiotics: An Alternative Treatment for Constipation	Roberts, Linda (MS, RD)	Probiotics
Winter	2007/2008	Clostridium-difficile and Antibiotic Associated Diarrhea	Dorner, Becky (RD, LD)	Probiotics
Spring	2008	Choices for Independence Overview	Raimondi, Mary Pat (MS, RD); Carlene Russell (MS, RD)	Community based programs
Spring	2008	Modified MyPyramid for Older Americans	Murphy, Elissa (RD, CD)	Diets

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Spring	2008	Evidence Rocks in Long-term Care, But Does it Roll?		Long Term Care
Spring	2008	Why Use a PDA?	Kamp, Barbara (MS, RD)	Technology
Summer	2008	Calcium Supplementation	Kamp, Barbara (MS, RD)	Calcium
Summer	2008	Beyond Calcium and Vitamin D	Peggy O'Neill (MS, RD, LD/N)	Calcium
Summer	2008	Bone Health Drugs	Shafiq, Sami (PharmD); Ryan White	Medications
Summer	2008	Bone Health: Physiology, Assessment and Prevention of Fractures	Thorpe, Matthew	Osteoporosis
Summer	2008	Navigating the Internet	Kamp, Barbara (MS, RD)	Technology
Fall	2008	Big Changes Underfoot at Healthy Aging DPG	Kamp, Barbara (MS, RD)	Advocacy
Fall	2008	Transforming Food and Nutrition Services: A State and Local Community Perspective	Russell, Carlene (MS, RD, LD, CSG)	Community based programs
Fall	2008	Dietary Supplement Use and Dietary Intake in Older Kansans	Weeden, Allisha M. (PhD, RD, LD)	Dietary Supplements
Fall	2008	Micronutrients and Healthy Aging: Vitamin B12, Iron, Calcium, and Vitamin D		Micronutrients
Fall	2008	Vitamin D Deficiency and Insufficiency in Older People: Risk Factors for Chronic Disease?	Hausman, Dorothy B. (PhD)	Vitamin D
Fall	2008	What is a Podcast?	Kamp, Barbara (MS, RD)	Technology
Winter	2009	Serving the Aging Developmentally Disabled Population (Summarized)	Rosenzweig, Lester (MS, RD, CDN)	Community based programs
Winter	2009	Practical Applications of Nutrition Care Process for Healthy Aging	Escott-Stump, Sylvia (MA, RD, LDN)	Nutrition Care Process
Winter	2009	Managing Email	Kamp, Barbara (MS, RD)	Technology
Spring	2009	Friend or Foe: Exploring the Dandelion	Langevin, Leslie	Diets
Spring	2009	Linking Evidence Based Medicine to Geriatric Nutrition Screening - The Mini Nutritional Assessment (MNA)	Skates, Janet (MS, RD, LDN)	Nutrition Assessment
Spring	2009	The Nutrition - Focused Physical Examination: One Dietitian's Perspective	Huls, Adele (PhD, RD)	Nutrition Assessment
Spring	2009	Depression and Hardiness and their Association with Appetite in Older Adults	Engel, Julia; Nadine Sahyoun (PhD, RD); Robert Jackson (PhD, RD); Frank Siewerdt	Nutrition Assessment
Spring	2009	Social Networking	Kamp, Barbara (MS, RD)	Technology
Summer	2009	Discharge Planning/Case Management for Older Adults Returning to the Community: Addressing Malnutrition Across the Continuum of Care	Sahyoun, Nadine (PhD, RD); Ucheoma Anyanwu (PhD)	Community based programs
Summer	2009	Do Older Adults Need More Protein?	Kamp, Barbara (MS, RD)	Diets
Summer	2009	Does Supplementation of B-Vitamins Really Prevent Heart Attacks?	Dienst, Haley (MS)	Nutrition Supplements
Summer	2009	On Blogs and Blogging	Kamp, Barbara (MS, RD)	Technology
Fall	2009	Senior Hunger in the United States	Gunderson, Craig (PhD); James P. Ziliak (PhD)	Food Insecurity
Fall	2009	USDA Nutrition Assistance Programs Aim to Increase Food Security and Reduce Hunger for Older Adults	Gaston, Nancy (MA, RD)	Food Insecurity
Fall	2009	The Cat, the Cow, and the One-legged Downward Dog	Bouffard, Erika (MS, RD)	Physical Activity
Winter	2010	Legislative Update: Health Care Reform	Vincent, Charlotte (PhD, RD)	Advocacy
Winter	2010	A Commentary on the Patient-Centered Medical Home and Serving Older Persons in Community Settings	Weddle, Dian (PhD, RD, FADA)	Community based programs
Winter	2010	Nutrition 101: Student Author Contribution - The Sweet Truth About Agave Nectar	Bristow, Marcia (MS candidate, Univ VT)	Nutrition Education
Winter	2010	Technology Corner: Social Networking 2.0	Kamp, Barbara (MS, RD)	Professional Development

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Spring	2010	Older Americans Act Reauthorization		Advocacy
Spring	2010	Nutrition 101: Save the Brain with Antioxidants	Alissa C. Robertson, MS, RD	Nutrition Education
Spring	2010	GOOGLE and YAHOO and BING...OH My!	Barbara Kamp, MS, RD	Technology
Spring	2010	Consequences of Cost-related Medication Non-Adherence and Food Insecurity in Community dwelling, low-income Older Adults in Georgia	Rebecca Bengle, MS, RD; Jung Sun Lee, PhD, RD	Food Insecurity
Summer	2010	Healthy Aging Provides Comments to ADA on the Dietary Guidelines for Americans 2010	Weddle, Dian (PhD, RD, FADA)	Advocacy
Summer	2010	Legislative Update: Public Policy is Continuing to Change and Affects Everyone		Advocacy
Summer	2010	Food Safety for the Older Adult	Sandra Bastin, PhD, RD, LD, CCE	Food Safety
Summer	2010	Nutrition 101: Student Author Contribution - The Hulk of Tubers	Wadsworth, Abby (MS, RD)	Nutrition Education
Fall/Winter	2010	Affordable Care Act for Older Adults: Ready! Start! Go!	Vincent, Charlotte (PhD, RD, CD)	Advocacy
Fall/Winter	2010	Assessing Nutritional Status in Long-Term Care	Thomas, David R. (MD, FACP, GSAF, AGSF)	Nutrition Assessment
Fall/Winter	2010	2009 - 2010 Annual HA DPG Report	Thomas, Willa (MS, RD, LD)	Professional Development
Winter	2011	Legislative Update: Make a Difference - Get Involved with Public Policy!	Vincent, Charlotte (PhD, RD, CD)	Advocacy
Winter	2011	Nutrition & Older Health of Aging Adults	Sherill, Nancy (RDH), Boyd, Linda (EdD, RD, RDH), Stegeman, Cynthia (Med, RD, RDH,	Diet
Winter	2011	Swallowing Handout		Diet
Winter	2011	Great Presentation Tools	Kamp, Barbara (MS, RD)	Professional Development
Spring	2011	Legislative Update: Health Reform One Year Later	Vincent, Charlotte (PhD, RD, CD)	Advocacy
Spring	2011	Grocery Delivery to Seniors in Lewiston, MN	Cheung, Kwai Sheung, RD, LN	Diet
Spring	2011	Utilizing Dietetic Interns to Improve Outcomes at a Senior Center	Kudin, Janette Smith, MS, RD	Professional Development
Summer	2011	Legislative Update: New Policies Recognize the Role of Prevention in Healthcare	Vincent, Charlotte (PhD, RD, CD)	Advocacy
Summer	2011	Cranberries: Hype or Help for UTI Prevention in Older Adults?	Posthauer, Mary Ellen (RD, LD, CD)	Diet
Summer	2011	Decision 2011: Report from the NANASP Conference	Peppones, Martha (MS, RD, CD)	Advocacy
Fall	2011	HA Annual Report	Weddle, Dian, PhD, RD, FADA	Professional Development
Fall	2011	House of Delegates Update	Kamp, Barbara, MS, RD	Professional Development
Fall	2011	Legislative Update: Much is Happening in Public Policy & ADA (You) are Involved	Vincent, Charlotte (PhD, RD, CD)	Advocacy
Fall	2011	Celiac Disease and the Aging Adult	Longhurst, Shannon, RD, CD	Diet
Winter	2012	Legislative Update: Public Policy Summary of 2011 with Forecast for 2012	Vincent, Charlotte (PhD, RD)	Advocacy
Winter	2012	Tufts University Nutrition Scientists Unveil MyPlate for Older Adults		Diet
Winter	2012	Tomatoes & Healthy Aging: New finding support consumption of this favorite	Burton-Freeman, Britt (PhD, MS), Reimers, Kristin (PhD, RD), Sinnott, Stephanie (MS,	Diet
Spring	2012	Legislative Update: Shining the Spotlight on Advocacy - 2012 Public Policy Workshop	Vincent, Charlotte (PhD, RD)	Advocacy
Spring	2012	Healthy Eating Perceptions of Older Adults Living in Canadian Rural and Northern Communities	Journal of Nutrition in Gerontology and Geriatrics	Diet
Spring	2012	Nutrition 101: Student Author Contribution - Selenium to the Rescue	Gero, Kelsey E.	Diet
Spring	2012	SCREEN© Nutrition Risk Questionnaire		Diet

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Summer	2012	Estimated Flavonoid Intake of the Elderly in the US & around the World	Journal of Nutrition in Gerontology and Geriatrics	Diet
Summer	2012	Fiber Subscriber	Clay, Amy	Diet
Summer	2012	Coumadin <sup>®</sup> and Vitamin K: It's Ok to Eat Your Green Vegetables	Area Office on Aging	Medication & Diet
Fall	2012	Multiple Point-of-Testing Nutrition Counseling Sessions Reduce Risk Factors for Chronic Disease Among Older Adults	Journal of Nutrition in Gerontology and Geriatrics	Diet
Fall	2012	Using Mindful Eating When Counseling Older Adults	Fletcher, Megrette (MEd, RD, CDE)	Diet
Fall	2012	Dinner and Glassware Standards for Older Adults	Omietanski, Karen (MBA, RD, LD); Skelley, Ginny (MS, LD); Roloff, Shellee (CFSP)	Food Systems Management
Winter	2013	2013 Health Care Reform Changes and Policies/Advocacy Resources	Vincent, Charlotte (PhD, RD)	Advocacy
Winter	2013	"Never the Twain Shall Meet:" Dual Systems Exacerbate Malnutrition in Older Adults Recently Discharged from Hospitals	Journal of Nutrition in Gerontology and Geriatrics	Diet
Winter	2013	Nutrition: An Intrinsic Factor of Pressure-Ulcer Healing	Munoz, Nancy (DCN, MHA, RD, LDN)	Diet
Spring	2013	The Academy's Annual Public-Policy Workshop: Policy from the Ground Up	Vincent, Charlotte (PhD, RD)	Advocacy
Spring	2013	Older Adults Attending Georgia Senior Centers Increase Preventative Behaviors for Falls & Fractures Following a Community Based Intervention	Journal of Nutrition in Gerontology and Geriatrics	Community based programs
Spring	2013	Leadership: A Recipe for Success	Pyper, Barbara J (MS, RD, SNS, FCSI, FAND)	Leadership
Summer	2013	Effectiveness of Community Intervention in Improving Bone Health Behaviors in Older Adults	Plawecki, Karen (PhD, RD, LDN) & Chapman-Novakofski, Karen (PhD, RD,	Community based programs
Summer	2013	"Conquering the Kitchen:" A Healthy Aging DPG Best Practice	Weddle, Dian (PhD, RDN, FADA)	Community based programs
Summer	2013	Nutritionally Inadequate Diets and Older Americans: When Should We Supplement?	DeBarmore, Bailey	Diet
Fall	2013	Identification of Environmental Supports for Healthy Eating in Older Adults	Sylvie, Amanda (MPH, RD, LD), Jiang, Qianzhi (MA), Cohen, Nancy (PhD, RD,	Community based programs
Fall	2013	In-House ServSafe <sup>®</sup> Training for Food Service Employees: A Healthy Aging DPG Best Practice	Weddle, Dian (PhD, RDN, FADA)	Food Systems Management
Fall	2013	Gerontological-Nutrition Board Certification: Healthy Aging DPG's Upcoming Mentoring/Support Program	Schmelzer, Claire (PhD, MPH, RD, LD)	Professional Development
Winter	2014	Physical Activity for Older Adults: The Silver Sneakers <sup>®</sup> Program	Salomon, Sharon (MS, RD)	Community based programs
Winter	2014	Use of an Automatic Telephone Message System (ATMS) to Deliver Nutrition Education to Home-Delivered Meal Participants in the Elderly	Koomas, Alyssa, (MS, MPH, RD), Sheeley, Amy (PhD, RD, LDN), Mulvaney, Allison	Community based programs
Winter	2014	Becoming a Certified Specialist in Gerontological Nutrition: A Member Perspective	Schmelzer, Claire (PhD, MPH, RD, LD)	Professional Development
Winter	2014	Defining Skilled-Nursing Facility Residents' Dining-Style Preferences	Adams, Katy (MDA, RD, CSG, LD), Anderson, Janet (MS, RD, CD), Archuleta, Simmons, Jennifer (MCN, RD, LD, RN), Latson, Bernadette (MS, RD, LD)	Food Systems Management
Spring	2014	The Effects of Lutein and Zeaxanthin Supplementation on Age-Related Macular Degeneration	Simmons, Jennifer (MCN, RD, LD, RN), Latson, Bernadette (MS, RD, LD)	Diet
Spring	2014	Blood-Pressure Difficulties After Mealtimes: Postprandial Hypotension in the Elderly	Malozemoff, Wiera (RN, MS, CS), Long, Tracey (RN, BSN, MS, CDE), Manning	Diet
Summer	2014	Identifying the Physical-Activity Barriers of Older Americans	Bailey, DeBarmore, MS	Healthy Aging
Fall	2014	Soy and the Health of Older Individuals	Messina, Mark (PhD, MS)	Diet
Fall	2014	The Relationship Between Oral Health, Nutritional Status and Food Intake in Older Adults	White, Tina (MS, RD), Neubauer, Suzanne (PhD, RD, CNSC)	Oral Health
December	2014 (supplement)	Soy Protein and Heart Disease	Loar, Carly, BS	Diet
December	2014 (supplement)	The Effects of Diet and Exercise on Joint Health	Bohl, Elise, BS	Diet
December	2014 (supplement)	Dietary Soy, Soy Components, and the Cancers Associated with Older Americans	Apfel, Kelly, RD	Diet
December	2014 (supplement)	The Effects of Various Nutrients and Foods on Memory and Cognition	Compton, Jenna, BS	Diet
Winter	2015	The Role of Walnuts in Healthy Aging: A Scientific Review of the Literature	Wien, Michelle (DrPH, RD, CDE)	Diet

**Healthy Aging DPG Newsletter Article Summary**

<b>Issue</b>	<b>Year</b>	<b>Article</b>	<b>Author</b>	<b>Subject</b>
Winter	2015 (supplement)	Micronutrients and the Older Adult, Part 1: Micronutrients of Importance to Older Adults	Jain, Vijaya, MS, RD, CDN	Micronutrients
Winter	2015 (supplement)	Caring for Our Aging Population: New Opportunities for Community Dietetics and Nutrition Professionals	Mika, Kelsie, RDN; Matos, Kenneth, PhD, Arensberg, PhD, RDN, LD, FAND	Professional Development
Winter	2015 (supplement)	Journeying as a Caregiver for an Older Adult	Hernandez-Rosa, Ana Maria, LND	Professional Development
Spring	2015	Cocoa Flavanols, Chocolate and Healthy Aging	Shumow, Laura, MHS	Diet
Spring	2015	Effect of a 12-Week Nutrition and Wellness Program in Independent Living Seniors	Pogge, Elizabeth (PharmD, MPH)	Healthy Aging
Spring	2015 (supplement)	Clearing the Confusion on Probiotics, Prebiotics, and Flavonoids for Healthy Aging	Rosenbloom, Christine, PhD, RDN, FAND; Romotsky, Sarah, RDN	Diet
Spring	2015 (supplement)	Micronutrients and the Older Adult, Part 2: Micronutrients of Importance to Older Adults	Jain, Vijaya, MS, RD, CDN	Micronutrients
Spring	2015 (supplement)	Improving Quality of Life for Older Adults: A Resource List	Rosas, Jamillah-Hoy, MPH, RD, CDN, CDE	References
Spring	2015 (supplement)	Navigating the Urban Food Environment: Challenges and Resilience of Community Dwelling Older Adults	Munoz-Plaza, Corrine E., MPH; Morland, Kimberly B., PhD; Pierre, Jennifer A, DrPH;	Wellness
Summer	2015	Internal Cues for Food Consumption in Older Adults	Carrara, Elizabeth, MS, RD	Diet
Summer	2015	Older Adults and Intermittent Fasting for Weight Loss and Vitality: Is the Fast Worth it?	Russell, Madeleine, MS, RD	Weight Loss
Summer	2015	Exploring Older Adults' Health Information Seeking Behaviors	Manafa, Elizabeth, MHSc, RD; Wong, Sharon, PhD, RD	Wellness
Summer	2015 (supplement)	The Association of Healthful Diets and Cognitive Function: A Review	Kuczumski, Marie Fanelli, PhD, RD; Allegro, Deanne, MS, RD; Stave, Emily, BS	Diet
Summer	2015 (supplement)	The Role of Exercise and Nutrition in Alleviating Sarcopenia	Tindall, Alyssa, BS, RDN; Cope, Mark, PhD	Wellness
Fall	2015	Fall-Prevention Nutrition Strategies for Community-Dwelling Older Adults	Gilboy, Mary Beth, PhD, MPH, RD; Heinerichs, EdD, LAT, ATC	Wellness
Fall	2015	Alcohol and Breast Cancer Risk for the Older Adult	Graf, Jacqueline, MS, RDN, CD	Wellness
Winter	2016 (supplement)	Eating Out Healthfully: A Peek Behind the Menu	Bohm, Erica, MS	Diet
Winter	2016 (supplement)	Cranberries and the Prevention of Urinary Tract Infections: How Effective Are They?	Shah, Rutu, MS, RD	Diet
Winter	2016 (supplement)	Dietary Protein and Sarcopenia Prevention	Golan, Kristen, MS, RD, LDN	Diet
Winter	2016	Advanced Glycation Endproducts (AGEs) and Their Role in the Aging Process	Mey, Jacob, PhD candidate	Diet
Winter	2016	The MIND Diet May Help Prevent Alzheimer's and Cognitive Decline	Betz, Melanie, MS, RD, CSG, LDN	Diet
Spring	2016	What Do Aging and Living on the International Space Station Have in Common?	Lane, Helen W, PhD, RDN	Wellness
Spring	2016	Asking the Right Questions: Finding Answers with the Academy's Dietetics Practice Based Research Network	N/A	Research
Summer	2016	An Overlooked Issue: Screening Older Adults for Risky and Harmful Alcohol Consumption	Ganem, Steven; Pietro, Kevin, MS, RD, LD	Wellness
Summer	2016	The Nutrition-Focused Physical Exam: Within the RDN Scope of Practice	Dahm, Robin, RDN, LDN	Professional Development
Fall	2016	Phytochemicals and Healthy Aging, Part 1	Karpel, MS, RD, LD	Diet
Winter	2017	Phytochemicals and Healthy Aging, Part 2	Karpel, MS, RD, LD	Diet
Winter	2017	A Shifting Paradigm: Serum Albumin and Prealbumin Are Biomarkers for Inflammation, Not for Nutritional Status	Ganem, Steven, BS	Wellness
Spring	2017	Farmers' Markets and the Older Adult Population	Mecklenburg, Amelia	Wellness
Summer	2017	Skin Integrity: NPUAP Pressure Injury Stages and the Effect of the IMPACT Act	Munoz, Nancy (DCN, MHA, RD, LDN)	Wellness
Summer	2017 (supplement)	Iron and Zinc Supplementation for Older Adults	Morris, Megan, BS, MS	Diet
Summer	2017 (supplement)	Predictors of Unsafe Food Handling Practices: Listeria Monocytogenes Infections in Older Adults	O'Reilly, Rebecca, MS, RD	Food Safety



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Fall	2017	Handgrip Strength Assessment: A Skill to Enhance Diagnosis Of Disease-Related Malnutrition	Scollard, Terese M., MBA, RDN, LD, FAND	Malnutrition
Fall	2017	The Impact of Specific Nutrients on Hypothyroidism	McKendry, Molly, MS, RD	Nutrients